



Houghton Talent
 404.603.9454
 www.houghtontalent.com
 5'9" • 143

Cara Mantella SAG-AFTRA

Film (selected)

| | | |
|------------------------|-----------|--------------------|
| I, Tonya | Principal | Craig Gillespie |
| The Founder | Principal | John Lee Hancock |
| The Good Lie | Principal | Philippe Falardeau |
| Premature | Principal | Dan Beers |
| Trouble with the Curve | Principal | Robert Lorenz |

Television (selected)

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|--|------------|----------------------------------|
| Bobcat Goldthwait's Misfits and Monsters | Recurring | TruTV/Bobcat Goldthwait |
| Lodge 49 | Co-star | AMC/Tricia Brock |
| Nashville | Co-star | CMT/Michael Lohmann |
| Step Up: High Water | Co-star | YouTube Red/Adam Shankman |
| Outcast | Co-star | Cinemax/Daisy von Scherler Mayer |
| Zoe Ever After | Co-star | BET/Stan Lathan |
| H.R. (Pilot) | Co-star | Lifetime/Darren Star |
| Royal Pains | Co-star | USA/Emile Levisetti |
| Drop Dead Diva | Co-Star | Lifetime/Michael Grossman |
| The Game | Co-star | BET/Bille Woodruff |
| Army Wives | Co-star | Lifetime/Rob Spera |
| My Future Boyfriend (TV Movie) | Principal | ABC Family/Michael Lange |
| Christmas Cupid (TV Movie) | Supporting | ABC Family/Gil Junger |

Web (selected)

| | | |
|--------------------|--------------------------|----------------------|
| That's Educational | Series Regular/Kara | Justin Anderson |
| Fark TV | Recurring (15+ episodes) | SCG Prods./Ben Barak |

Commercial

Conflicts available upon request.

Theatre (selected)

| | | |
|----------------------------------|---------------|--------------------|
| Angels in America (Parts I & II) | Harper | Actor's Express |
| Significant Other | Kiki | Actor's Express |
| Rabbit Hole | Izzy | Stage Door Players |
| Clybourne Park* | Betsy/Lindsey | Aurora Theatre |
| Elemeno Pea | Michaela | Horizon Theatre |
| Seminar | Kate | Actor's Express |
| Mauritus** | Jackie | Actor's Express |
| Doubt | Sister James | Alliance Theatre |

* *Suzi Bass Award – Outstanding Ensemble Cast*

** *Suzi Bass Nomination – Outstanding Lead Actress*

Training

University Of Illinois, Champaign-Urbana: BFA in Acting
 Auditioning by Heart/Thought Support: Crystal Carson
 Comedy Workshop/Drama Workshop: Ted Brunetti